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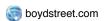
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IN MARCH

6 things to do in Norman in March



PATTI LABELLE IN CONCERT Riverwind Casino @ 8 p.m.

Patti LaBelle will take the stage at Riverwind Casino's Showplace Theatre performing her signature songs. Other March performers include Easton Corbin, Aaron Watson, America and Gary Allan.



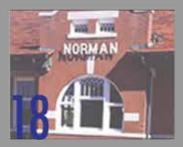
WINTER WIND & JAZZ IN JUNE CONCERT The Depot @ 7 p.m.

Multi-instrumentalist and singer/songwriter Opal Fly will be the featured musician in a special Winter Wind/Jazz in June collaboration concert at The Depot.



2ND FRIDAY ART WALK

Downtown Main Street @ 6 p.m. 2nd Friday Art Walk is a monthly celebration of art taking place in Downtown Norman's Walker Arts District, presented by the Norman Arts Council, that highlights artists, arts organizations and businesses.



WHISTLE STOP CONCERT The Depot @ 7 p.m.

Southern Gothic folk musician Emily Scott Robinson and opening act Katie Williams will take the stage at The Depot for a special Whistle Stop Concert.



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ith more than 20 years of experience in animal management, working with various species from primates to aquatics, Mark Bechtel recently landed in Norman as the animal welfare supervisor.

It didn't take Bechtel long to realize that as much as he loves working with animals, he also has a passion for working closely with people and having a leadership role in animal management.

Bechtel began his career at the Kansas City Zoo, working as a keeper. He then moved to Florida to work at Walt Disney's Animal Kingdom. During his time at Disney, Bechtel was promoted into his first animal management role as a night zoological manager.

Bechtel came to Oklahoma about five years ago to work at the Oklahoma City Zoo as the curator of aquatics, life support and marine mammals.

When he and his family moved to Oklahoma, they settled in Norman and have called it home ever since.

"I really enjoy Norman and really en-

joy the community. I'm very happy to be in this role here at Norman Animal Welfare and to be able to contribute. It's very exciting for me," said Bechtel.

Even though he has been in numerous leadership roles, Bechtel is studying at the University of Oklahoma to earn his masters degree in human relations.

"I quickly found out that I could have a much bigger impact when I got into management and leadership," he said.

Bechtel enjoys being able to help others interact with animals. Not only does he get to help his staff and how they are interacting with animals, but he is excited to be in a position to help citizens and the community interact with animals as well.

"When people are working together and people are all moving in the same direction, and there's clear expectations and leadership, the animals benefit greatly," said Bechtel.

Bechtel is happy with the Norman Animal Shelter's policies, including the shelter taking in any animal and not euthanizing any adoptable animals, no matter the shelter's capacity. He said Norman is very forward thinking with its animal initiatives.

When the shelter is over capacity, it will often host adoption events to encourage people to adopt the pets.

"We've been able to have a live release rate of well over 90 percent, which is outstanding," said Bechtel.

The Norman Animal Welfare Center is open Monday-Friday 10 a.m. to 5:30 p.m. and Saturday 10 a.m. to 4 p.m. People are welcome during operating hours to come in and meet the adoptable pets, play with them in the yards and see if they would be a good fit for their family.

The adoption fee for most animals is \$60 and includes the spay/neuter, vaccinations, de-worming, heartworm, Lyme disease and Ehrlichia testing.

For those who want to help support the Animal Welfare Center, there is a volunteer program. Volunteers do anything from walking the animals, helping people looking to adopt and even folding laundry. The shelter could also use any pet supplies including food, toys, leashes and collars. – **BSM**



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COMMUNITY BY: CHIP MINTY

Norman Business Legend

From Bust to Legend, Norman Businessman Goes the Distance

ometimes, opportunity can knock at the most unlikely times. For Ed Copelin, opportunity came in the midst of Oklahoma's infamous Oil Bust. The odds of success seemed so slim in 1983, that he didn't even recognize it at first, and he tried to pass it to several other people before he woke up one night and realized what had just fallen in his lap.

That's when Copelin decided to purchase a small office supply and furniture store that was up for sale and re-establish it as Copelin's Office Center. It turned out to be the right decision. Copelin's has grown, expanded and evolved over the last 34 years and has become a stalwart in Norman's business community.

The Norman Business Association recently recognized Copelin for his success and for his community contributions, naming him a "Norman Business Legend," which places him among a prestigious roll of success stories, widely known for community service and business acumen.

"Ed has been a fixture in the Norman business community, not only as a successful retailer, but as a civic leader, a volunteer, a good friend to many and a role model for young entrepreneurs," said NBA President Jim Hess.



"Our club has recognized many outstanding Norman business leaders over the years, and Ed is another leader who sets the standard that our Norman Business Legends represent," he said.

"This honor is extremely gratifying and completely unexpected," Copelin said after receiving his award. "It is especially meaningful, coming from a group of businessmen and women that I respect and admire so much."

Copelin is a long-time member of the Norman Business Association, and more than 10 years ago, he proposed the idea of recognizing entrepreneurial and community achievement through a "Norman Business Legends" award.

"I never considered myself as a potential recipient, but I'm appreciative and honored," he said.

Copelin grew up in Western Oklahoma and spent two years in Denver, working in human resources for a home construction company. He moved to Norman in 1981 to take a similar job with TOTCO, an oil-field service company.

Eventually, he was laid off when the oil market collapsed, then joined Norman's American Exchange Bank a short time later. That's where he was when long-time Norman businessman Jerry Laffoon contacted him, expressing an interest in selling Downtown Desk Set, a small office supply and furniture store Laffoon operated on Gray Street.

Laffoon asked Copelin to help look for a buyer. After several unsuccessful conversations with potential suiters, it dawned on Copelin that the business would be a good fit for him and his wife, Lin.

Meanwhile, the economy was terrible, and other office supply businesses were struggling, so there was no shortage of apprehension, Copelin said.

But, he eventually quit his job at the bank and dove into the business with Lin. It was not long before they moved their store to its present location at 425 W Main Street, where they continued to emphasize customer services and kept operations lean. Copelin's survived the slow economy, and today, it's a fixture near the corner of University Boulevard and Main Street.

The business has evolved over time to attract new customers in a changing market. Today, the store is known as much for its teaching tools and toys as it is for its office supplies and office furniture. Ed and Lin now share the family business with their three children, Jill, Chad and Brad.

Ed Copelin looks back on a lifetime of community service, including leader-ship positions with the Norman Chamber, the Norman Public Schools Foundation, Moore Norman Technology Center, the Norman Rotary Club, the Downtowners, Leadership Norman and the Norman Christmas Parade.

A Sunday school teacher at First Baptist Church of Norman, Copelin has also served as campaign chair and board president for the United Way of Norman and has spent 14 years on the board of the Oklahoma Electric Cooperative's philanthropic program called Operation Round Up, providing grant money to organizations and individuals in need.

"It's important to serve in the community to get to know the community and the leaders in the community and to give back," he said. "It provides an opportunity to impact the community in a meaningful way and to meet people that you wouldn't have had an opportunity to meet otherwise."

Scott Martin, Norman Chamber president and fellow Norman Business Association member, said Copelin was a good choice for the award.

"I can't think of a more deserving person," he said. "What Ed has created with Copelin's is just amazing. He's loved and appreciated throughout the community because of his giving heart."

"Sure, he owns and operates a local business, but he truly loves Norman and his customers, and it's reflected in his spirit. He's humble, energetic and encouraging. He's always uplifting, and it's hard to not be positive when you're around him."

"Copelin's is a bedrock of our local business community, and young entrepreneurs would be wise to seek Ed's counsel," Martin said.

Copelin has joined a select group of Norman Business Legends that the NBA has honored over the years.

The list includes: real-estate developer Jimmy Adair, banker Jack Black, attorney Harold Heiple, clothing retailer Maudine Holland, businessman Charlie Hooper, businessman and banker Pat Mayes, grocer O.T. McCall, real-estate agent and auctioneer Gene McKown, businessman Harold Powell, businessman and former Norman Mayor Dick Reynolds and economic developer Don Wood.

More information about past Norman Business Legends and the Norman Business Association is available at: www.normanbusiness.com – BSM

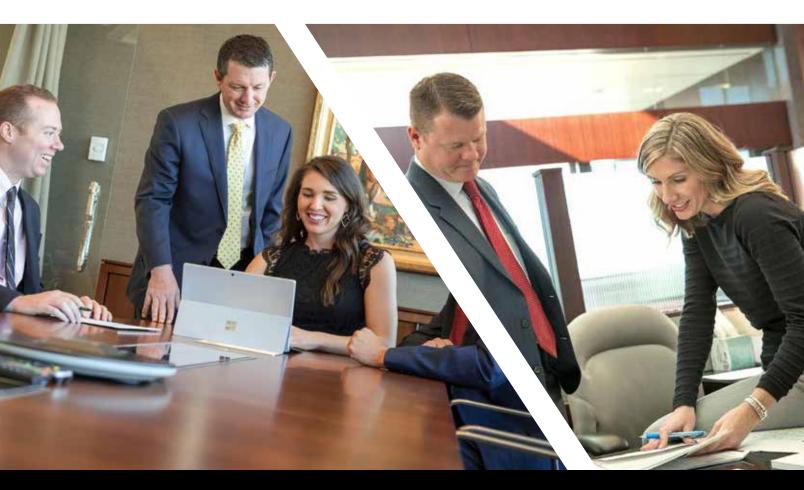






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COMMUNITY BY: CATHERINE POSLUSNY



his very first day on the job that he wanted to work there until the day he retired. Not many people walk into a new position with that degree of certainty, but, then again, not many people get the chance to join the Norman Fire Department.

Odell, who lives in Shawnee with his wife and son, was a full-time electrician before he became a firefighter. He went to night school to get his emergency medical technician certification, and he didn't stop applying for a place at the fire department until he earned his spot at the academy.

The hiring process requires an enormous amount of patience, a lot of different tests, both physical and written, and multiple interviews. Ask Odell if he'd do it all over again, and he'd say yes, in a heartbeat. Receiving the invitation to join the fire academy was one of the happiest moments of his life, and that excitement hasn't waned one bit. Odell will celebrate his two-year anniversary with the Norman fire department this July. "To say that this is the best job in the

world would be an understatement," he said. "It's truly an honor to be a fireman for Norman and for such a great department."

Once hired, Odell and the rest of his class began the four-month training process at the academy, involving physical conditioning, a great deal of studying and many tests over everything from building construction and hazmat awareness to swift water rescue. They also had the opportunity to learn about different parts of the job from experienced firefighters.

But the training continues long after the academy is over. The crews are constantly practicing and looking for new ways to become even better at their jobs. A typical drill might have them blindfolded to mirror the total darkness inside a burning building while searching for strategically-placed dummies or hooking up the air valves of a rescue pack to a downed firefighter. In situations like these, Odell says, communication and teamwork are key.

"Your heart's racing even though you know it's just a drill," said Odell.

"The training is what keeps us on our toes in a fire and gets us through the situation."

Once Odell got out in the field, he quickly discovered that reality was a lot more chaotic than training. He's thankful that all of the more experienced firefighters never tire of lending a helping hand to the rookies. They are always there to answer questions and lead by example, and the crew has become a second family to him.

"Having that friendship, getting to help people and looking forward to work every day, there's nothing better than that. These guys mean everything to me, and I'd do anything for them," said Odell. – BSM

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COMMUNITY BY: MORGAN DAY

Boyd Street Teacher Features

Dennis Wright

ennis Wright got his start in teaching immediately after college as he subbed in fourth- and fifth-grade classrooms, but it wasn't until he led a kindergarten class that he realized his calling might be with a little younger crowd.

"I liked the age group, I liked the imagination, and I liked how enthusiastic they were about their learning," recalled Wright, now a 25-year teaching veteran. He teaches second grade — admittedly his favorite grade to instruct thus far — and was named Jefferson Elementary school's Teacher of the Year for 2017.

"The second graders are a little bit like little teenagers," said Wright, who earned a bachelor's degree in elementary education with an emphasis in language arts from Oklahoma Baptist University. "They're moving from that egocentric stage where the whole world is about them and seeing, 'Oh, there are other people around here.' Their peers are becoming more important, and they start to realize, 'Not everyone likes me,' or 'Maybe I'm bugging this person.'"

Although his students are becoming more independent and ideological, they still have a great sense of imagination, which pairs well with Wright's teaching style as he makes lessons active, fun and full of movement. He also emphasizes parent involvement, learning about the students through their parents and getting those guardians involved in the classroom too.

Wright wants to see all his students find joy in learning and strive to be lifelong learners who respect and val-



ue other people and their opinions. Civility, he said, is a driving force in his diverse classroom.

"I like the mix here," he said. "Kids see kids very different from them and they learn how they relate to them, and that civility piece is very important to me. How they can get along and get things done as a team." – BSM

Beth Grant

n Beth Grant's pre-kindergarten class at Kennedy Elementary School, every day is a fresh start.

"There are always second chances; there's a new day," said Grant. "I want to start every day new, and I want learning to be fun and exciting. With pre-K, that age is so interesting because they're still so new. They think, 'Wow, this is going to be a great day!' and you could have only pulled out some markers and some papers, but they're excited because you're excited."

Grant, whose teaching career spans 20 years, was named Kennedy Elementary School's Teacher of the Year for 2017. The Missouri native found her passion for teaching children as a camp counselor and through participation in vacation bible schools and community

volunteer work. She went on to earn her bachelor's degree in elementary education from Drury University in Springfield, Mo.

While Grant doesn't dwell on the past in her classroom, she also prides herself on being fair and setting boundaries and guidelines for her students. She's flexible in the day's lessons, "reading the room" to see what mood the children are in and what types of learning would be a good fit.

"Some days, people are cranky and haven't had enough sleep and need to be doing things outside — that's the luxury of a pre-K teacher," she joked.

Social in nature, Grant enjoys the collaborative aspect of her profession and the fact that her colleagues act as a sup-



port system for one another, serving as a sounding board for new ideas or workplace challenges.

"Teaching especially is a very high-energy job where you're sort of on 24/7," she said. "You need lots of energy and enthusiasm, but you have peers you can collaborate with and bounce ideas off of and kind of bear your heart to. It's important to have that support." – BSM



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f you ever get the chance to ask Gene McKown about his community service projects, you'll get to watch his eyes light up with the same sense of adventure that you'd expect from someone who just returned from exploring exotic lands.

His passion for helping others is electric, and contagious. When you hear him speak about his plans for the community, you can't help but find yourself wondering how you can get involved.

Over the past 50 years, the Norman businessman has made a name for himself in the real estate industry and has enjoyed success in a variety of other businesses as well. But his true focus has always remained the same: helping those in need.

"When you grow up in an environment where you were taught to help other people, it stays with you your whole life," says McKown, who fondly recalls his father teaching by example, sharing his family's food with people in need and volunteering him to take their tractor out to plow their neighbors' land. "It's just in his nature to give back," said Liz McKown, Gene's daughter-in-law. "He sees a need and he's there."

McKown moved to Norman for law school in 1968 after getting a degree in animal science from OSU, but a few weeks before the start of law school, he took a job that would change everything.

He started working for a local home builder. It only took three months before he started building houses of his own. The houses were built and sold, and he couldn't wait to do it again.

But, what about law school? McKown decided to put his public speaking skills to use in a different capacity. He enrolled in an auction school instead, embarking on a decades-long journey as an auctioneer. McKown only participates in charity events, always donating his services and never failing to make sure that everyone has a great time. McKown estimates that he's done around 1,200 charity auctions, and he currently does around 20 to 30 each year.

"It's been a really fun hobby to have. I know the organizations raising money, and I know a lot of the peo-

ple donating money," McKown said, adding with a laugh. "I try and make them spend as much money as I can talk them out of. It's always exciting, and it's all for a good cause."

McKown is now entering his 50th year in the home-building industry. He's enjoying his work as co-owner of Ideal Homes, the company that he started in 1990 with his son, Vernon, and his partner, Todd Booze. As the largest home builder in the state for more than 20 years, Ideal Homes is known for their award-winning, energy-efficient houses and their focus on the communities in which they build.

Despite numerous accolades for his professional accomplishments, Gene McKown takes the most pride in the opportunities he's had to help people in need. His philanthropy has taken many forms through the years, and he never tires of finding new ways to use what he has – be it influence, resources or expertise – to help make Norman a better place for all of its residents.

"I enjoy raising money and helping the community, and you don't find many communities that are as benevolent and caring as Norman, Oklahoma," he said.

McKown just completed an impressive project with Food and Shelter Inc., working with organizations and individuals across Norman to build new administrative offices, an emergency shelter and 32 transitional housing cottages. He has been involved with the organization for more than 40 years and has always supported their mission of helping homeless and at-risk families in Norman get back on their feet.

He got the idea to help build the new homeless shelter when he was sitting in church, listening to his preacher talk about the importance of giving without hesitation. The note struck a chord with McKown, and the very next day, he went to the office of Food and Shelter's executive director, April Heiple, and told her, "I'm going to build you a homeless shelter."

Later that week, he spoke at a fundraiser and helped raise more than \$300,000 for the venture. After that, things

quickly picked up speed. McKown didn't slow down until he helped raise the \$3.2 million needed to complete the project, named McKown Village.

"It's the most exciting thing I've ever done," he said.

Right now, he's in the middle of another sizable philanthropic enterprise. This one involving the Salvation Army. They had outgrown their old children's center, and McKown didn't hesitate to step up to the plate. The Judy McKown Children's Activity Center officially opened in December 2017, and that was only the beginning. Up next on the list is a complete renovation of the current dorms, and the construction on an entirely new church.

"I love organizations like Food and Shelter and the Salvation Army because they try to lift up these people that have almost nothing financially, and give them a better opportunity for their lives," said McKown. "When these people get on their feet and become taxpayers, it really benefits the whole society."

With the Food and Shelter project completed, and a three-year commitment to the Salvation Army winding down, McKown has plans for yet another adventure. He's moving full speed ahead on his newest project, affordable duplexes for senior citizens with financial need. He envisions a close-knit neighborhood, designed to make it easy for residents to socialize with each other.

For every project that he completes in the public eye, there are other behind-the-scenes moves that he's made simply for the joy of giving back. Mc-Kown has never been one for grand gestures. He's just here to help. It's as simple as that.—**BSM**

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Easter Bunny Cakes

- 1 1/2 cup flour
- 1 teaspoon baking powder
- 1/2 teaspoon salt
- 3/4 cup milk
- 1/3 cup honey
- 1 tablespoon lemon juice
- 1 vanilla bean, seeded
- 1/2 cup butter, softened
- 1/2 cup sugar
- 2 large eggs

Preheat oven to 350 degrees. Prepare bunny pan with butter and flour or baking spray. Set aside. In medium bowl, whisk together flour, baking powder and salt. Set aside. In another bowl, combine milk, boney, lemon juice and vanilla bean seed. Set aside. In a stand mixer with paddle attachment cream butter and sugar together. Add one egg at a time and blend thoroughly after each. Add half of flour mixture, then half of milk mixture. Blend completely before adding the other half of flour and milk. Scrape sides of bowl and beat until fully incorporated. Pour evenly in prepared bunny pan. Tap gently on counter to remove bubbles. Bake for 25-30 minutes or until toothpick inserted into center of the middle bunny comes out clean. Let cool for to minutes before inverting onto a cooling rack.

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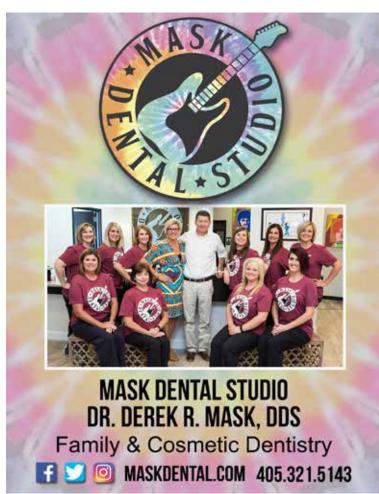






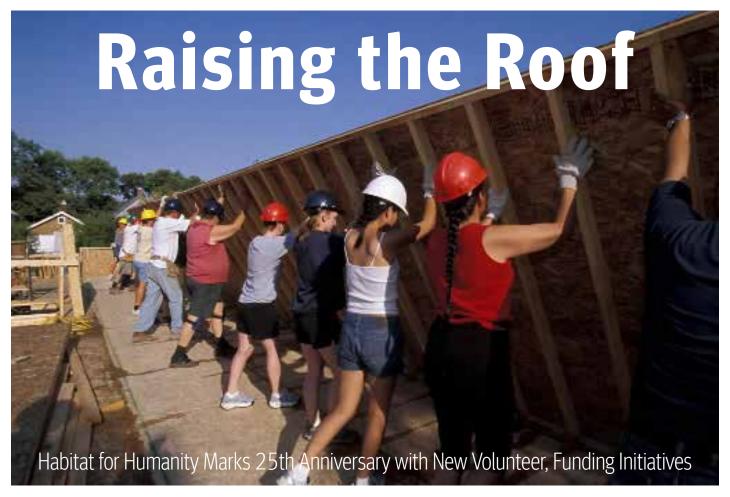








BY: CHIP MINTY COMMUNITY



on't feel comfortable walking around a construction site? Afraid of power tools? Hate ladders?

No worries. The Cleveland County Habitat for Humanity can still use your help. Not every volunteer needs to wear a hard hat and swing a hammer.

This year is the Norman-based nonprofit's 25th anniversary, and they have big plans for 2018 and for years into the future, said Deputy Director Andrea Marler.

It all starts at the agency's "Restore" at 100 W Main St., a former grocery store building converted into a retail outlet for new and used furniture, appliances, building supplies and much more. Later this month, the building will open its "Upcycle Center," a space where volunteers can do things like convert old doors into new bird houses and other types of creative manufacturing. It's intended for the crafty crowd, young and old; experience and tools are not required.

There is no formal process for volunteering at Habitat for Humanity, Marler said, just a brief orientation.

"All you have to do is come in and say, 'I've got a couple hours, and I'd like to help,' We'll put you to work. There's always something to do here," she said.

Whether volunteers are transforming junk into treasure in the Upcycle Center, moving used furniture or sorting donated books in the Restore, it's all about earning money that Habitat can use to build another house, Marler said.

Over the previous 25 years, Habitat has built 50 houses. It completed its last house in Moore last January, and it plans to break ground on its next house in Norman this spring.

Marler said the agency would like to build more than just two houses a year, but, on average, new Habitat homes cost about \$100,000, and they take four to six months to complete.

Before they start a new project, they

must have at least half of the funding in hand, which is why Marler is working hard to generate income.

The Restore is her bread and butter, collecting and selling everything from tables and toilets to desks and dishes. You need a rug? They've got them. Flooring? In stock. Lumber? Stacks of it. Lamps? They have plenty.

Customers range from college kids and bargain hunters, to do-it-yourselfers and landlords. They're all looking for stuff they can use, and they know Habitat is where they can get it cheap.

Marler said she's looking forward to opening the Upcycle Center where materials that could not be sold for much will be crafted into products that can be sold for much more.

"All the sales help with our overhead costs and they help us build houses," she said.

But retail sales are not the only way Marler is raising money.

boydstreet.com BOYD STREET MAGAZINE | 27

Habitat recently wrapped up its first "Virtual 5k Race at your Pace" event. For a \$25 donation, participants could run, walk, bike, swim or treadmill their way through the distance of five kilometers. They had from Feb. 1 to Feb. 25 to complete the distance. Or, if they chose to, they could just imagine covering that distance and that counted too. In return for signing up and paying their donation, each participant got a medal, Marler said.

She is also looking forward to the agency's 25-Year Anniversary Gala, titled "Circus of Dreams." It is planned for 7 p.m., April 25 at The Mercury, 426 E Main St. in Norman.

Tickets cost \$50 per person and the event will feature food samples from local restaurants, live music, a silent auction, carnival games, a cash bar and a wine pull, she said.

Also, at the gala, there will be Habitat for Humanity homeowners to share in the celebration.

Marler said the agency also applies for various grants, such as a \$65,000 grant the Cleveland County Habitat recently received from Thrivent, a Christian-based financial institution. That grant money has allowed the agency to move forward with its next building project, an 1,100-square-foot home on Frank Street in central Norman.

Marler said she loves Habitat, its mission and its purpose, but funding is an ongoing challenge.

"We can have the best laid plans to lift people out of poverty, but without the funds we need, we can't be successful," she said. – **BSM**





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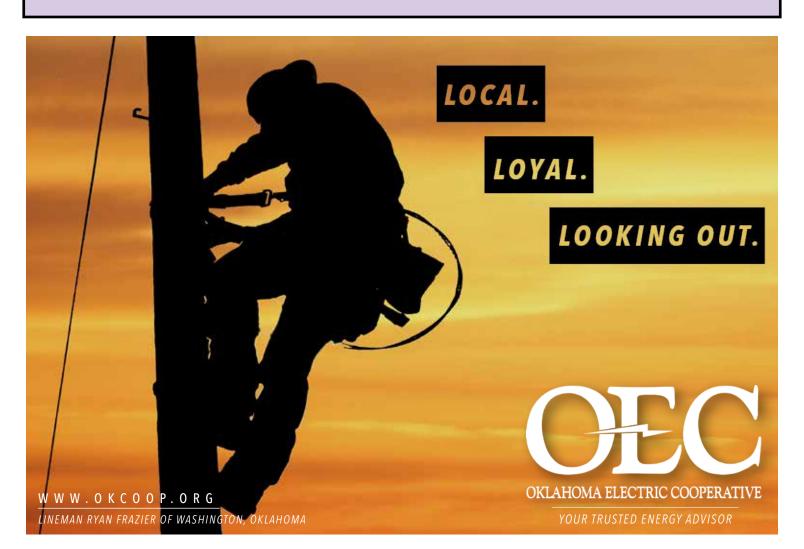
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COMMUNITY BY: CHIP MINTY

Sutton Wilderness Renovation

Improvements Open Natural World to More Visitors



on't look now, but Sutton Wilderness isn't just for bird watchers anymore.

The Norman Parks Department is putting the finishing touches on a \$235,000 renovation project that is bringing the park into the mainstream, inviting everyone from nature lovers to trail runners.

The park has always been an island of quiet and tranquility amid a sea of urban hurry and hubbub, but recent improvements are making the woods accessible to everyone, even those in wheel chairs or pushing baby strollers.

"We're delighted with the way it has turned out," said Roberta Pailes, chair of the Sutton Wilderness Advisor Committee. "It's coming along just great. It's a place for people to relax, trail run or walk in a natural setting."

Pailes said her committee worked with city staff to submit an application for federal matching dollars to help cover the cost of improvements.

City Park Planner James Briggs said the work included removal of invasive trees along the 1.3 miles of walking path. The city also improved drainage to help control erosion and graded the paths and covered them with crushed granite to reduce dust and make walking easier.

The parking lot has been doubled in size to accommodate more than 30 vehicles. There also is an asphalt path that is several hundred feet long, leading from the parking area to an overlook of the lake, providing accessibility to almost anyone, regardless of age or physical limitation. Soon, there will be interpretive signs throughout the park.

"We're hoping to make the natural world more comfortable and available," Pailes said. "We all feel a lack of contact with the natural world. There's a lot of asphalt around here. We could use a little green space."

Briggs said Sutton Wilderness has been in the city park system since 1979, and, for the most part, it has been intentionally left in a natural wilderness state in deference to the birds and other wildlife that call the park their home. Trails that existed within the park had become overgrown and nearly impassable.

There are still unimproved trails, leading from the improved path to the lake, but overall, the park is highly accessible to families, school groups and retirees, he said. Despite the changes, it is still an urban wilderness that is a snapshot of what Norman looked like before development.

Pailes, who has been on the Sutton Wilderness Advisor Committee for about 30 years, said the improvements mark an evolution in their view of the park. Leaving the park in a wilderness state helped ensure protection of more than 200 bird species found in the park, and it benefited many other small, urban wildlife, such as opossums, raccoons, pack rats, turtles and other assorted reptiles and insects.

"There is already a significant increase in traffic," she said, "but the trail improvements serve to protect the park. It enhances the visitor experience, and it protects the habitat. So, the trails are a win, win for the critters and the visitors." – BSM



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COMMUNITY BY: MARLA FREEMAN



MNTC has a Cyber Defense Class for High School and Adult Students

Technology Center Prepares for Projected Workforce Shortage

ducational institutions across the state are ramping up programs to head off an estimated workforce skills gap brought on by growing business in Oklahoma. The Oklahoma Office of Workforce Development estimates that by 2025, more than 45 percent of entry-level jobs will require industry certification or an associate's degree – up 15 percent from 2017.

College and technical school enrollment has decreased in recent years, despite the need for a more trained and educated workforce. Moore Norman Technology Center is one of 29 technology centers within the Oklahoma Department of Career and Technology Education, or CareerTech, that are currently at the forefront of a strategic plan to bridge the gap.

"Baby boomers are retiring in mass numbers each year," said Anna Aguilar, media and creative coordinator at MNTC. "They take with them their technical skill set, and Oklahoma currently doesn't have enough trained, skilled employees to fill those jobs."

CareerTech, located in Stillwater, partners with the Oklahoma Works office to stay ahead of state industry and workforce trends. Oklahoma Works, coordinated by the Governor's Council for Workforce and Economic Development, is designed to increase the wealth of all Oklahomans through facilitating quality employment for workers and ready availability of highly skilled talent for business and industry.

"According to the Oklahoma Works data, the most critical occupations on the list right now are qualified machinists, welders, LPNs, electricians, automotive technicians and other technical-based jobs," Aguilar said. "CareerTech can fill that gap by training qualified employees to walk right

in and fill those positions."

MNTC offers full-time career programs for students and adults in health and medical, business and information technology, technical skills and much more – jobs that can earn sometimes double or more than the current minimum wage.

Although projections indicate that 70 percent of the state's occupations will require a certificate, professional credential or degree in the next several years, only 40 percent of the workforce currently has such education and training. Even with the programs and courses available, one of the main barriers to obtaining this education is cost.

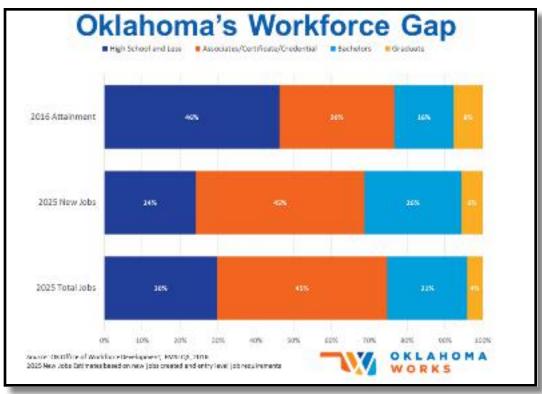
"That's where technology centers like MNTC can help," Aguilar said. "We're funded primarily by tax-payer dollars and offer an array of high-quality programs at minimal cost."

High school juniors and seniors can take concurrent classes at MNTC for free as part of their high school schedules, and tuition waivers are available to any high school graduate who starts a program before they turn 21.

"We truly belong to the taxpayers in our districts," she said. "We're blessed to have these programs in Oklahoma. Most states don't offer opportunities like this."

Learning a vocational skill can help springboard future academic endeavors because it offers financial independence while continuing education. Langston Edwards completed several welding courses concurrently before he graduated from Moore High School in 2017.

"I knew that welding was a skill I could use down the road," Edwards said. "Learning and developing a trade helped me take on the next challenge. Now, I can get welding jobs and earn a better income while pursuing a college degree."



Technical education is no longer only associated with traditional trades such as carpentry, plumbing, welding and mechanics. There is a long list of offerings at the state's technology centers within CareerTech and the state's community colleges that require rigorous academic components that help

meet the pending skill demands.

"Our graduates and clients truly elevate our economy and community, and MNTC elevates careers and lives," Aguilar said. "We may not give doctoral degrees, but we can definitely start these students on a path to find success much faster." – BSM

















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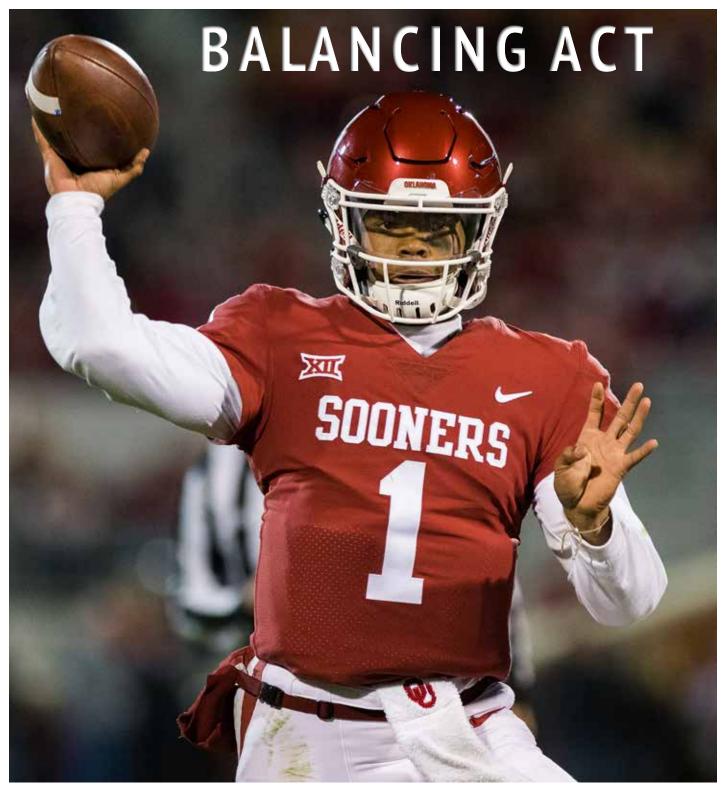




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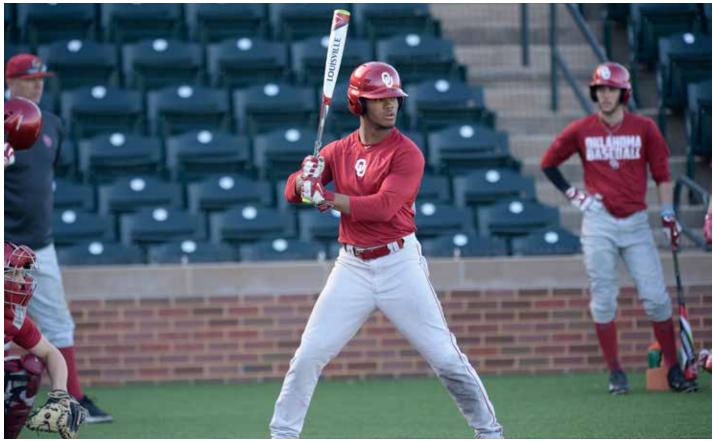
laying college football is hard. Playing college baseball is hard. Playing both while also balancing school is not only hard, it is virtually impossible for most.

Whether it's from the lack of athletic ability or the strain of time management, playing two sports in college athletics is incredibly rare, and doing so, especially at a high level, takes a very special athlete.

It's not about being the next Deion Sanders or Bo Jackson and it's not about drawing comparisons to Rus-

sell Wilson or Jameis Winston. For University of Oklahoma quarterback Kyler Murray, balancing several challenging endeavors is simply business as usual.

"I've been playing sports my whole life. It's what I do," Murray said. "If



I had a say, I'd be playing basketball right now. Just having options and being blessed to play baseball and football at a high level at OU, I don't take it for granted. It is definitely something I dreamed of."

ATHLETIC ABILITY

Kyler Murray was a star athlete in prep school as he led Allen High School to three straight Texas state championships in football, while compiling a remarkable 42-0 record as the starter. During his high school career, he passed for more than 10,000 yards, rushed for another 4,100 yards and totaled almost 190 touchdowns. He was named the Gatorade National Player of the Year and could have attended any college in the country.

Murray was more than just a star on the gridiron. As a second baseman and shortstop on the Allen High School baseball team, Murray was viewed as a Top 50 prospect for the 2015 Major League Baseball Draft. His dual sport success made him the first high school athlete to play in both the Under Armour All-America football and base-

ball games. Despite the potential of a Major League Baseball career, as the draft approached, Murray opted out, deciding to continue with both sports at the college level.

Murray chose to attend Texas A&M University but decided to transfer after the football season his freshman year. With his Texas A&M experience behind him, Murray looked to make an immediate impact at OU, but the gridiron would have to wait until the 2017 season due to NCAA transfer rules.

Murray was able to showcase his athletic ability for the first time in a Sooner jersey during the 2016 spring game, averaging 22 yards per pass and completing 60 percent of his passes. He also averaged almost five yards per carry. Meanwhile, he made his first official appearance as a Sooner athlete on the baseball diamond last spring.

THE IMPACT ON THE DIAMOND

Murray says the 2017 baseball season was a struggle. He had been away from baseball for a year and was splitting time between spring football and

baseball, looking for a rhythm at the plate, where he had only six singles in 49 at-bats. While he did have a teamhigh 12 stolen bases. Murray is looking for bigger things in 2018. Going into his second season as a Sooner, Murray said he is already more comfortable.

As Murray prepares to hit the diamond with new head coach Skip Johnson, there have been more changes than just the voice in the dugout. Murray has a new position, moving from left field to center field.

Left was harder for me with the angles and the wind and the way the ball comes off the bat. But for me, center has been a pretty smooth transition," Murray said.

Johnson is looking to Murray to be a difference maker for the Sooners in 2018.

THE GRIDIRON

This past January, as Baker Mayfield was taking part in his final post-game media session, the Heisman Trophy winner was asked about the future for OU football.

boydstreet.com BOYD STREET MAGAZINE | 37

"They're in great hands," Mayfield said. "They have the best coach in the country. Kyler is the best athlete in the country. They're going to be just fine."

In the opposite corner of the locker room, Murray was answering similar questions about the future.

"I'm fully preparing myself in every way, shape and form to be the quarterback of this team," Murray said. "Obviously, there's going to be competition. My job is to come in, get better every day and lead this team."

Murray's on-field performances last season have been encouraging. In mop-up duty against UTEP, he completed 10 of 11 passes for 149 yards and a touchdown. When called upon against Tulane, he responded with an 87-yard touchdown strike to Marquise Brown. When given the start against West Virginia, Murray responded with a 66-yard run on the first play from scrimmage.

With the balance of baseball and football, time management issues are a challenge. But Head Coach Lincoln Riley has learned lessons from last season.

"I think there are some things we can do better," Riley said. "Honestly, I think it's a little bit different this year. When you're competing for a starting job, it's a little bit different. Skip and I have a great relationship. We'll continue to have conversations."

THE BALANCE

The coaches have a solid plan. Murray has the athletic ability. But what is the biggest challenge for the Sooner centerfielder/quarterback? Murray points to the clock.

"Finding the time to do school work is the hardest part of all of this," Murray said with a smile. "Baseball and football, they've done such a great job of making it easy on me that it's not hard from a time management perspective. School work is the roughest part of this."

He does try to stretch a few more hours in his day.

"I'm a night owl," Murray says. "Give me a good six hours and I'm set." While playing baseball, Murray is also in the midst of off-season conditioning for football and even that is different this off-season. Benny Wiley has taken over as the new director of sports performance, and in Murray's eyes, it has helped him immensely.

"Coach Wiley is great. Everything he does is calculated," Murray said. "Everything we do in the weight room, there is a reason for it. I think he is a step in the right direction for going to a national championship."

But what about the fans? You know the group that may think it is impossible for the starting quarterback to play another sport, what about the naysayers?

"Well, I'm not the starting QB yet," Murray says with a wry smile. "They're going to do what they want to do, say what they are going to say. For me, it's baseball season and the focus is on this season. When football season comes, I'll be ready for it."

Murray has just one goal, and its winning championships at the University of Oklahoma. – **BSM**

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SPORTS BY: JOSH HELMER



Swimmers Bring Home 6A State Title for the Timberwolves

The Timberwolves have not forgotten. Some of the Norman North boys' swim team arrived at the Edmond Schools' Aquatic Center for the state meet sporting tank tops with the FINA Swimming definition of a false start printed on the back and a picture on the front of an incident that cost them a state title last season.

A year ago, the T-Wolves were disqualified for a false start in the 400 freestyle relay during the 2017 state meet's preliminary race. They wound up losing out on a state championship to Jenks by just two points.

This time around, North was determined to avoid any mistakes and to capture what they felt should have been theirs a season ago. Buoyed by a 200 freestyle relay time of 1:36.23 that set a new state record, the Timberwolves topped Jenks 431 points to 415 and won their fourth state title in six seasons.

The team's swim coach, Kent Nicholson, admitted that last year played a part in getting his team geared up to perform.

"I think it was pretty motivating. It was painful for everybody involved last year," Nicholson said. "I don't know if it changed what these kids were doing, because these are some pretty highly motivated kids. But when it came down to this meet, they were a little bit more focused than they might have been."

North had great performances across the board, including that 200 freestyle relay with David Logan, Alex Stamatin, Even Wagner and Nate McMillen. That same group also placed first in the 200 medley relay. The T-Wolves also got first in the boys' 400 free relay with Aiden Hayes, Daniel Wilson, Nathan Tucker and Jonathan Tang.

Individually, North took home took home first in a number of events: Tang in the 200 freestyle with a time of 1:42.23, Hayes in the 50 freestyle and 100 butterfly with times of 20.83 and 49:14, McMillen in the 100 backstroke with a time of 53.03 and Stamatin in the 100 breaststroke with a time of 56.98.

There were a number of close finishes for the T-Wolves, too. Stamatin (1:54.39) finished second in the 200 individual medley. Wagner (51.10) and McMillen (52.77) were second and third in the 100 butterfly while Tang (46.51) took second in the 100 freestyle and Logan (53.52) second in the 100 backstroke.

"We won a lot of events and a lot of kids swam really well and scored really high," Nicholson said. "Those kids pushed hard."

North deserves the credit for not getting caught up in the results of their primary challenger in Jenks. It would have been easy to do after the way last year ended.

"The kids have got to do their own job," Nicholson said. "They can't get wrapped up in what anybody else is doing. We were trying to do our thing and they were trying to do theirs. We weren't really running into each other that much, but every single event the score changed and it was tight all the way through."

When asked about the emotions of winning the state championship and exorcising last season's demons, Nicholson said "relief, exhilaration."

On the Norman High side of things, Caleb Sullivan placed first in the boys' 200-meter individual medley with a time of 1:53.56. Sullivan also grabbed second in the 100 breaststroke with a time of 58.50.



"He swam his butt off," Nicholson said

All things considered, the state meet was a great showing for Norman swimming. It was a perfect ending, a championship with a slice of redemption. – **BSM**





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Title Defense

Sooner Softball Looks to Join an Exclusive Club in Softball History

uring a championship run forged through adversity, the path to get to Oklahoma City for the University of Oklahoma Softball team is neither easy nor smooth. Despite starting the season atop just about every pre-season ranking, the Sooners struggled to find their identity through the early part of 2017. The lessons learned from a rough start last year not only helped propel the Sooners to a National Championship, but also helped lay a mental foundation for 2018.

Last season, Oklahoma found itself in a tough spot as Big 12 season play approached. The Sooners dropped back to back games to unranked Cal Poly and were sitting at 23-7 on the season. The Sooners responded by winning 18 straight games and 28 of its final 29 games en route to a Big 12 regular season and tournament championship.

Even when they found themselves facing elimination four different times in the Norman Regional, the Sooners responded. As they had time and time again all season, they overcame adversity to earn a trip to the Super Regionals for the eighth straight year, eventually blitzing their way through the Women's College World Series for the fourth National Title in program history.

The core of the Sooners championship team returns. In fact, only one senior from last year's National Championship squad left. The Sooner senior class has won two National Titles. Those valuable lessons learned help shape the preparation in 2018. In her 24th season, Head Coach Patty Gasso noticed a difference immediately from the start of fall camp.

"With so many returners, they recognized they wasted their fall and had a very slow start last season," Gasso explained. "They're smart enough to know we're not going to let that happen again. They know there's a big journey and we're going to take a lot of blows along the way, but they are really anxious to get started."

The 2018 Sooners are built around an experienced group of six seniors, who have combined for 642 starts over the last four years. The Sooners return eight full-time starters, including their entire infield of the last two seasons and one of the most dominating pitching staffs in college softball.

Expectations are high, and experience is the key.

"What I know from experience is that experience is a difference maker," Gasso said. "The depth is making a difference because there's challenges and there's battles. You can see people elevating their game. It's almost too easy to coach because what else can I teach them? They know it. I just make sure they don't get sloppy."

A nation-high five Sooners have been named to this year's USA Softball Collegiate Player of the Year Watch List. Paige Parker (26-5 record; 1.43 ERA; 262 strikeouts in 210.1 innings last season) and Paige Lowary (16-3; 1.53 ERA; 122 strikeouts in 146.2 innings) combine for one of the most potent one-two punches in college softball. Returning starter and WCWS star Shay Knighten (.358 average; 11 home runs; 70 RBI; .575 slugging percentage), second baseman Caleigh Clifton (.356 average; .557 slugging; .528 onbase) and third baseman Sydney Romero (.339 average; 12 home runs; 59 RBI; .559 slugging) all find themselves on the Player of the Year watch list as well. The expectations are understandably high, but this year's version of Sooner softball has a lot to build on.

"We're showing a lot more maturity, a lot of discipline. They are very focused," Coach Gasso said. "We struggled last year with the repeat and pressing early last year trying to be something we weren't. We were trying to mimic what we did the year before. We have an extremely deep bench and that always creates greatness because you have battles throughout the field every day."

That depth has been bolstered. Reagan Rogers and Kylie Lundberg had exceptional off seasons and are primed for a larger role in 2018. When combined with the star studded 4-person freshman class, the Sooners' roster is littered with talent. But one name has stood out among the newcomers, Jocelyn Alo. Alo has been jaw dropping in the batter's box that she has already drawn comparisons to the greatest home run hitter in college softball history.

"I don't want to compare her to any of the greats, but I will," Gasso said. "She can swing it in a way like Lauren Chamberlain but maybe as a freshman with even more power."

In the circle, the Sooners changed the game last year. After riding Paige Parker to a title in 2016, the Sooners developed a true staff around Parker in 2017 and the emergence of Paige Lowary was an important factor for the title run. Mariah Lopez, who spent the summer with Team USA, and Missouri transfer Parker Conrad could help the Sooners pitching depth even more in 2018. For Parker, it's the start of a senior campaign that will mark the end of one of the greatest careers in Sooner Softball history. But the addition of Lowary last season may have been the biggest benefit for Parker both physically and mentally.

"She's helped me try to see the bigger picture of things and not be so nitpicky about all the small things," Parker said of Lowary. "She's definitely helped me a lot in that. I think from her experiences, she's learned to see the bigger picture, so she's helped me see it, just in life, in general."

Championship expectations are nothing new for Oklahoma. Oklahoma is well positioned to find itself in Oklahoma City once again in early June with the opportunity to join exclusive company in the world of College Softball. UCLA is the only team in softball history to have won 3-straight National Championships. The 2018 Sooners have the talent and the drive to join the Bruins in that exclusive club. – **BSM**



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- Earth movement is also not covered. Earth movement is most commonly mud slides or earthquakes, but earthquake coverage is complicated in Oklahoma because of the nature of the activity, and it may require a separate policy.
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201 E Main Street Norman, OK 73069 (405) 329 - 8884 | dmwealth.com SPORTS BY: CHRIS PLANK



t's a new era, a new attitude and a new mindset for Sooner baseball. New Head Coach Skip Johnson welcomes back a talented roster that is driven to return the Sooners to the post season, including a pitching staff that has already had a year under Johnson's lead, an important factor for a run to Omaha. Depth across the entire roster has created competition at about every position on the field.

Coming off a 35-24 record in 2017 and a third-place finish in the Big 12, the Sooners return 20 letter winners from a year ago and all 59 starts made on the mound. Despite the new role for Johnson in the dugout, there is no question that the key to a successful 2018 campaign starts on the mound. Junior standout Jake Irvin and senior Devon Perez return to anchor the rotation, after stellar 2017 seasons.

"I know the transition a few years ago was tough for players. Having a familiar face that's been here is huge for us as returners," Irvin said of Johnson's promotion. "He works individually with each pitcher to develop them and make their personal art better. The way he individualizes each pitcher is awesome."

Familiarity is important but not just for the returning players. Johnson is focusing on team even though several Sooners prepare themselves for the next step.

Baseball's New Era

Sooners Have Post Season Goals Under a New Coach

"We're looking at a draft year for nine junior pitchers. We want those players to be able to separate the season from the draft," Johnson said. "The more you have that concept, making it about the team, then the draft will take care of itself. This being my second year working with them as their pitching coach, I've seen guys make leaps and bounds."

Oklahoma's lineup is highlighted by senior Kyle Mendenhall and juniors Steele Walker and Brylie Ware. Mendenhall is the only four-year senior on the roster and improved at the plate last season launching five home runs. Walker wowed with Team USA this summer and was named a pre-season All-American after hitting .333 with 8 home runs and 51 RBI's last season. Ware was a first-team All-Big 12 selection last season along with Walker.

"I welcome (the leadership role)," Walker said of his personal need to lead in 2018. "I know what it was like being a freshman and looking for that guy that was solid every day and could produce on the field but also be there for you in a genuine way off the field. That's the role that I've taken on. It's something that I wish that I had as a freshman — just a guy who was genuinely there for you and genuinely cared for you, no matter how young you are. I have compassion for those guys and you can take them under your wing. They only get better when they are comfortable."

The Sooners welcomed 15 newcomers for the 2018 season with the addition of 13 high school and two junior college players. Four freshmen were selected in the 2017 MLB First-Year Player Draft. The class is OU's second top-20 recruiting class in the last three years. *Collegiate Baseball News* slotted the class No. 12 in the nation, while the Sooners landed at No. 20 by *Baseball America*.

But Johnson's head coach role will be among the most watched and followed story lines of this season. For Johnson, this is his first major college head coaching job, one





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that was a long time coming. But it also might be the perfect situation given his comfort with the roster and the program.

"The biggest advantage for me is to understand their personalities," Johnson said. "That's the intangible that we always leave out as coaches. If they play with their mind and their heart, I think that's the separator for us."

For returning starters like sophomore shortstop Brandon Zaragoza, the familiarity with Johnson helped to make the transition to a new regime easy.

"He was here with us for the whole season last year, so we're just going off of his tendencies he had last year and just using that to our advantage," Zaragoza said. "Now that we know who he is and what he's about, we're buying in to everything that he's doing with this program."

The Sooners will have solid opportunity to get off to a quick start this season. Despite going 1-3 in the season opening series at Myrtle Beach, Oklahoma showed incredible promise and excitement. With 25 of its next 27 games at home, the Sooners have a chance to generate some buzz around a program loaded with talent and filled with confidence. – **BSM**



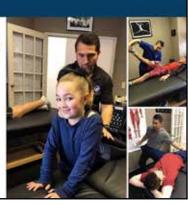
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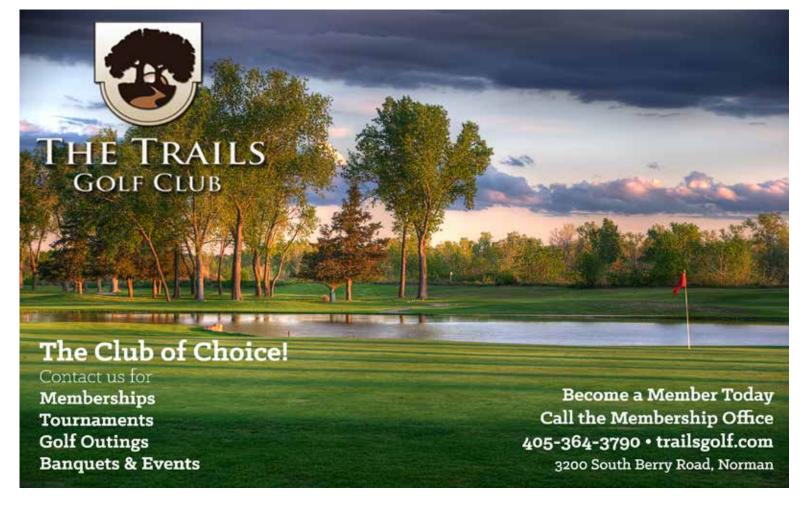




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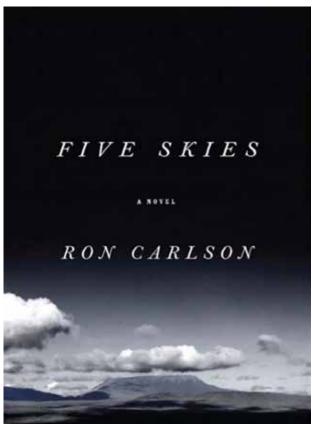
COMMUNITY BY: CHRISTIAN POTTS

Reading Big

PLS Big Read Author to Lead Pair of Presentations



PLS Big Read presentations go throughout the Pioneer Library System's service area, including this 2016 event at Shawnee High School.



"Five Skies," by Ron Carlson, is the featured novel for the 12th year of The Big Read.

or a 12th consecutive year, the Pioneer Library System is celebrating reading throughout its communities via the PLS Big Read campaign.

The Big Read is a celebration of literature started by the National Endowment for the Arts as a way for communities to get together for activities centered around classic literature. The featured book selected by PLS representatives for this year is "Five Skies" by Ron Carlson.

Via the use of technology, this year's PLS Big Read featured author will be coming to the Pioneer Library System service area for a pair of presentations.

Carlson will present via videoconference, titled "A Conversation with Ron Carlson," at 6:30 p.m. Thursday, March 15, at the National Weather Center, 120 David L. Boren Blvd, in Norman. Carlson will discuss the themes of his novel "Five Skies" and his writing process in general.

There also will be a Creative Writing Workshop presented by Carlson

from 1 to 3 p.m. Saturday, March 17, with the live stream airing at multiple PLS libraries. The Blanchard, McLoud, Moore, Norman West, Shaw-



nee, Southwest Oklahoma City and Tecumseh libraries will have the author's workshop.

"The opportunities in a novel are so different from those in a story," Carlson said in a review. "The world is larger and requires patience in every way. The writing isn't full of sudden surprises, but discoveries that evolve credibly over time."

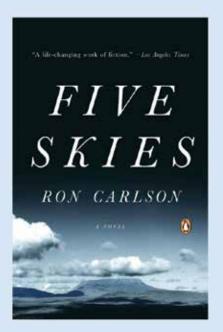
Carlson is a longtime and award-winning short story writer who wrote "Five Skies" after a break of about 30 years from novel writing. The library system will have activities geared around the book.

Since its inception, PLS has participated each year in the campaign, either as an official nationally-funded Big Read participant or strictly through local funding from organizations.

Sponsors for this year's activities are the Anne and Henry Zarrow Foundation, Norman Arts Council, Pioneer Library System Foundation and the Pioneer Library System.

Find out more by going online to the PLS Big Read website, www.pioneer-librarysystem.org/bigread. – BSM





"Everything he'd put together for weeks was now loose in his heart and the pieces were sharp."
—from Five Skies

pioneerlibrarysystem.org/bigread











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Beware Of Banking Scams

Scammers never take a break. They're always dreaming up ways to con you out of your money. Recently, there's been a significant uptick in scams involving checking accounts at many financial institutions.

In these scams, criminals will utilize social media to connect with the victim.

They usually pose as representatives of a bank or credit union and milk the victim for sensitive information, like account numbers and passwords. Since the scammers are using the credit union's social media accounts, the victims often won't hesitate to share this information. When the scammers have what they need, they will proceed to empty the victim's accounts and then disappear.

Often, when the scammers receive a response from the victim on social media, they will redirect the victim to what appears to be the financial institution's website. The victim, thinking they are on the site they frequently use, will quickly input their username and ID, which the scammers will then use to empty their accounts or open credit cards in the victim's name.

Sometimes, the scammers will impersonate helpful member representatives who are seemingly looking to answer your questions. You're used to our representatives being helpful and always on call to assist you, so you won't see anything strange with the scenario.

Other times, the scammer may claim your account has been compromised and you need to immediately update your information. They'll be oh-so-helpful with this step. Until you share your information with them, that is.

Still other times, scammers will pose as representatives of a sweepstakes or some other contest that you've "won." All you need to do is share your account information and your passwords to be made into an instant millionaire! Except that, of course, you won't.

Don't be the next victim! Be aware and be alert. Here's what you need to know about this scam:

CHECK URLS

Scammers are becoming increasingly more suave at posing as companies their victims are familiar with. You can check a site's authenticity by double-checking the URL on the web address. Make sure it matches your financial institution's site exactly. You can also check a site's security by looking for the "S" after the "http" on the web address.

BE SUSPICIOUS

Awareness can be your best protection. It's easy for a scammer to pose as a member representative on social media, but if you're on guard, you'll spot these fakers. Is a representative claiming there are problems with your account when everything seems to be in order? Are they asking

you to share sensitive information through insecure channels? Is someone promising you've won a contest you've never entered? If things don't add up, it's best to opt out.

REACH OUT TO YOUR CREDIT UNION OR BANK

It may be difficult to determine whether the people you're talking to are the real thing. If you think you're dealing with your financial institution, but things suddenly start looking fishy, there's a simple solution. Hang up or log out of whatever medium you're engaged in and call your financial institution immediately. This way, you'll know you've really reached us and you're not being scammed. Be sure to call this number and never use another number suggested by a suspicious-acting "member representative."

IN CASE OF FRAUD, TAKE ACTION

If you suspect you've been taken for a ride, let your financial institution know as soon as possible. The sooner you catch a scam, the better off you'll be. We'll also be able to alert our other members and work on catching the crooks who've conned you.

It's also a good idea to let the Federal Trade Commission (FTC) know about the scam. The more information you share, the easier it will be for the feds to nail those scumbags. Contact the FTC at FTC.gov.

PROTECT YOURSELF

It's a good idea to practice basic safety and protective measures with your accounts.

Here's how:

- Safeguard account details: Never share account information without being certain about who you are talking to.
- Use good password hygiene: Use complex passwords and change them often. Be sure to use different passwords for each of your accounts.
- Choose extra protection: Opt in for two-factor identification when logging into your accounts. That's an extra level of protection for you and another hurdle for scammers to scale.
- Set up alerts: Choose to receive an email or a text message when transactions on your account exceed your typical level of spending.
- Monitor your accounts: It's a good idea to check your accounts on a regular basis using online banking resources.

In most cases, you will be responsible for fraudulent charges on your account if you report them more than 60 days after your monthly statement is delivered.

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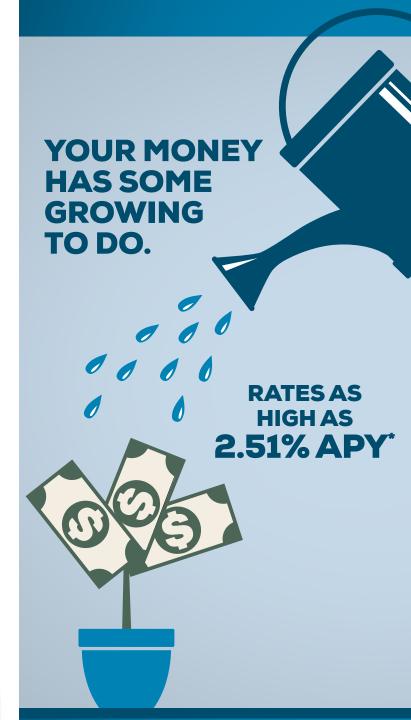
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68-Team Giveaway



TJ Perry and Toby Rowland at the 2017 68-Team Giveaway

SportsTalk's 17th Annual 68-Team Giveaway

portsTalk Media Group is excited to welcome back the 17th annual 68-Team Giveaway on Monday, March 12 at Buffalo Wild Wings in Moore. This event gives listeners an opportunity to have their name drawn for one of the teams competing in the postseason NCAA men's basketball tournament affectionately referred to as "March Madness."

Depending on how an individual's team performs in the tournament, great prizes from SportsTalk Media Group's advertisers are awarded.

"The prizes are really important. It's like a giant community office pool at Buffalo Wild Wings," SportsTalk owner Randy Laffoon said. "People turn out to get a team, but they all want to know what they can win. It's a win for the advertiser and it's a win for the listener because they get free things if they draw the right team."

Buffalo Wild Wings is the perfect place to host the event thanks to its spacious complex. Show hosts from SportsTalk will be set up in the bar area atop a stage to announce teams beginning during the 1 p.m. hour of programming. Thanks to Buffalo Wild Wings' setup, families with kids don't have to be bashful about joining in on the fun and try to nab a team, too.

"The speaker system goes throughout the whole building, so we can have a lot more people than just in the bar area," Laffon said.

SportsTalk program director TJ Perry has been a part of the event since its inception back in 2002. He acknowledged that it's the station's biggest event of the year, but noted its importance to SportsTalk's listeners, as well.

"It's the one time of the year that the loyal listeners to the station can all get together. It's almost like a family reunion," Perry said. "Many take vacation days to be there, because a lot of it starts in the middle of the day. They don't want to miss anything. People meet one another and save tables."

"It's just always been a special event," Perry added. "Regardless of what the prizes have been over the years, the event has become more about the togetherness, about friends getting together."

Longtime listener and caller Kurt Keeley echoed those sentiments. He is an event regular for many years and he was lucky enough to win an iPad one year.

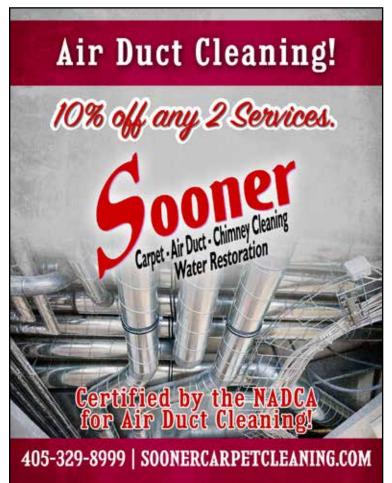
"It's my favorite event, just the camaraderie of it," Keeley said. "It's always packed. I enjoy everybody getting together all in the same place for a couple hours, all of the on-air talent, hall of fame callers, people you may have never met face to face. That and its college basketball tournament time."

Toby Rowland, host of the "T-Row in the Morning Show" and Voice of the Sooners, said the event has really grown and he appreciates the opportunity to engage with listeners and callers.



"This is the one night where a significant percentage of listeners are all under the same roof at the same time," Rowland said. "It's grown and grown. I remember when it first started, we would give away multiple teams to the same people because we didn't have enough people to draft all sixty-eight teams."

"It's just fun," Rowland continued. "They've got wing sauce all over their face and they probably have had a couple of their favorite beverages. Everybody's excited about the tournament and the brackets being out and so we all get together to figure out who's going to win this thing." — BSM







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Malbec Madness

arch may come in like a lion, but most people are thinking about green beer or a good beer for watching basketball.

But for those of you who want a change, let's talk about some flavorful alternatives. Malbec is a grape variety that likely originated in France and is primarily used as a blending grape in Bordeaux wine, and in some other Bordeaux style wines from other regions. The grape was introduced in Argentina in the middle 1800s and developed as a varietal, with premier examples originating from the high Mendoza region.

Malbec is also produced as a varietal in Chile, and more recently in California. Malbec is a full bodied red, with notes of strong ripe black fruit, frequently with the aroma of violet on the nose. Malbecs from Argentina tend to be lusher than those from Chile or California.

While there is not a wine that is green, there is a light, pleasant wine called Vinho Verde from Portugal. This crowd pleaser is not too sweet, and most are slightly fizzy.

Want a wine to accompany a good basketball game? Well, how about by name, instead of type? Kick back and share a bottle of The Show, Playtime, Troublemaker, Sheep Thrills, Angry Bunch or Hob Nob.



Playtime and Troublemaker are red blends, but the others come in several varietals.

We all know this is a wine column, but there are so many new beers it is impossible to keep track. Here a few fun ones to try. An Irish Red beer or stout is perfect for St. Patrick's Day.

The same rule applies for stouts as red wine, chill them for a short amount of time to get the temperature down to 60-62°. Enjoy a breezy and fun March.

Kathy



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BY: LINDSAY CUOMO HEALTH



Go Further with Food

fter the indulgence of the holidays and as the resolutions of the new year wane, March marks the celebration of National Nutrition Month. This year's campaign, sponsored by the Academy of Nutrition and Dietetics, is "Go Further with Food."

"This annual crusade focuses on the importance of making informed food choices and developing sound eating and physical activity habits," said Julie Mallory, MS, RDN, LD, supervisor of Clinical Nutrition at Norman Regional Health System.

Norman Regional is kicking off the month with a recipe contest. NRHS employees are encouraged to share their best healthy recipes and winning recipes will be featured in their cafes.

"We will spotlight one winner each week," Mallory said.

To spread the word outside of the hospital walls, the hospital's social media outlets will be sharing a weekly "Knowledge Booth," highlighting healthy eating and recipes as well as tips for making smart choices.

NRHS's Facebook followers can learn about things like the benefits of small changes, food balance and portion control, all in the effort to help Normanites improve their health through their diet.

The heart of the campaign is really about how eating healthy is about more than the numbers on the scale, but using food as fuel for feeling good and being well. Eating healthy doesn't have to be a sacrifice, said Mallory.

"All foods can be enjoyed," she said, adding that meals should focus on nutrient-rich foods most of the time, indulging occasionally.

Instead of a bag of chips as an afternoon snack, have cut-up vegetables and hummus on hand for a flavorful crunch. Or, go with fruit paired with yogurt for your evening sweet snack. The key is to have healthy options within reach.

"Keep your refrigerator, freezer and pantry stocked with healthy food options," said Mallory.

But, big changes don't happen overnight. A healthy lifestyle is just that, a lifestyle. "Make small changes, get accustomed to them, then gradually add more as the months go on," Mallory advised. "Soon those changes will become a habit!"

For more healthy tips and recipes, follow Norman Regional Health System on Facebook all month long. – **BSM**



Asian Chopped Salad with Smoked Chicken and Citrus Soy Vinaigrette Yield: 4 servings

Asian Chopped Salad:

- 2 c Shredded Cabbage
- · 2 c Chopped Romaine
- 2 c Arugula
- · 2 c Shredded Carrots
- 1 c Edamame Beans
- 1 c Sliced Almonds
- 1 c Mandarin Oranges
- ¼ c Chopped Cilantro
- 2 c Smoked, Rotisserie, or Grilled Chicken, shredded

Combine all ingredients except last three and toss well to combine. Combine the oranges and cilantro. Toss salad with dressing then grab a handful and place in the center of the plate. Take a quarter of the chicken and place on top of the salad, then a quarter of the orange-cilantro mix and place on top of the chicken.

Citrus Soy Vinaigrette:

- · 1 tsp Fresh Grated Ginger
- 2 tsp Lemon Juice
- 2 tsp Honey
- 1 T Low Sodium Soy Sauce
- 2 T Cider Vinegar
- 4 T Vegetable Oil

Put all ingredients into a bowl, whisk to combine

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O'Connell's Jeff Stewart Celebrates 50 Years of the Iconic Pub

hat started as a dive bar at the corner of Lindsey and Jenkins has evolved into a Norman staple celebrating its 50th anniversary this year. O'Connell's Irish Pub & Grille, now located at 769 Asp Ave. on Campus Corner, is a local favorite and, in no small measure, a direct byproduct of longtime owner and Norman resident Jeff Stewart.

It is his fun-loving and passionate personality that has allowed him to create and sustain a successful local icon like O'Connell's. Wearing many hats, he can be found in the kitchen, wiping down tables, shaking hands and pouring beer on a daily basis.

As he says himself, "I probably am O'Connell's."

In fact, it is Stewart himself who dresses up as a leprechaun for the pub's annual run – a kick off to the pub's large St. Patrick's Day celebration.

O'Connell's will host the 19th annual St. Pat's 8K Run on Saturday, March 10 at 9 a.m. Registration is \$35 per runner and all proceeds will benefit Special Olympics Oklahoma. Participants can pick up their packets Friday night at the complimentary spaghetti dinner, sponsored by Sysco.

Stewart is hopeful this year's participants will top its highest registration yet – 1,100 runners. For the first time in years, the run does not fall on spring break when students are out of town, which he says will make a significant difference in the numbers.

The race will be followed with free burgers and beer back at the pub, along with an awards presentation.

"It's going to be a really great year," he said. "I have a lot of fun out there, giving high-fives as they finish, and the police let me direct traffic, too."

It is the same enthusiasm and all out spirit of Stewart at the race that draws a massive crowd for the actual holiday.

Bagpipers, green beer and green eggs and ham start on St. Patrick's Day at 7

a.m. and for some, the fun cannot wait. Stewart arrives around 4 a.m. to get the restaurant going and often finds a line of anxious attendees down the block.

"We have marathoners. They are here before we open and stay until we close," he says. "Their goal is to stay all day."

The green beer will be flowing along with live entertainment, March Madness covering the TV screens and plenty of tasty food.

"Everyone is Irish for a day," Stewart said.

To commemorate the special anniversary, this year's theme is five decades of live music. Each decade will have an hour and a half set and end at midnight, but the bar will remain open until 2 a.m.

"It's exhausting, but it's my favorite day of the year," Stewart said.

For more than 40 of the 50 years O'Connell's has been in business, Stewart has owned and operated it – he has been at the forefront to see it evolve through its many transitions.

O'Connell's first opened in 1968 and Stewart acquired it in 1979. At the time of purchase, Stewart said the bar was dark, uninviting and did not appeal to college students. He started making updates to the building in 1983 and soon discovered what O'Connell's could be for the Norman community.

As Stewart proudly noted, it was at the original location that tailgating became a tradition at the University of Oklahoma.

"I personally invented tailgating in Norman," he said. "People started to come to O'Connell's to cheer on OU football and that was really special."

However, once the university started buying surrounding properties, Stewart decided to bring his pub to Campus Corner.

While it took some time to catch its breath and recreate itself at the campus location, the good beer, Irish Medallions and charm that Stewart has curated since the beginning remains the same.

Stewart said he receives calls weekly asking to move its location to Bricktown, Moore and even Edmond.

"All kinds of people are courting me to lease or build with them but no," he says, "Campus Corner is where it needs to be."

Aside from O'Connell's, Stewart also had success with Jockey Strap Saloon and Liberty D's, both bars once located on Campus Corner. In fact, Cross Canadian Ragweed was a regular band at Liberty D's, often filling in between headliners.

Despite his youthful origins in Oklahoma City, Stewart is inherently Norman with deep roots in the community. His businesses have been Norman fixtures for decades, offering the community an experience like no other.

"The experience of the guest is the most important," he said. "Good customer service is a must."

Although he does not have any children of his own, Stewart said he has proudly raised multiple generations of kids from his years in business, especially through O'Connell's.

Pointing at the staff in the background, "these are all of my children. We are a big family."—BSM









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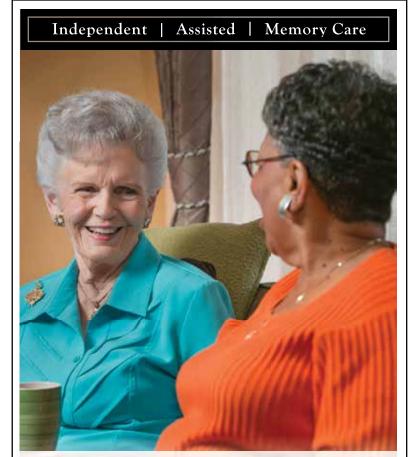
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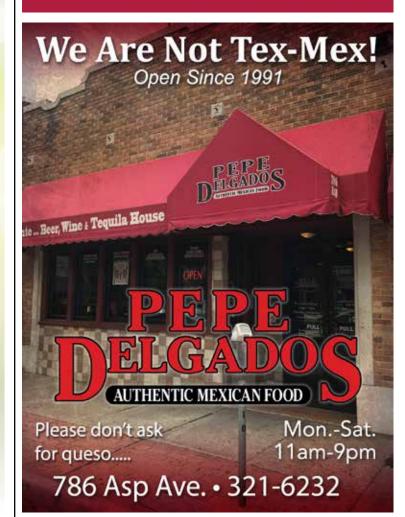
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n Persia, the word "Arya" means noble and honorable. In Norman, the word "Aria" means a group of dedicated and accomplished people who broke ground in February on the new ARIA Plaza, located at 3100 Interstate Dr.

ARIA was due for consolidation because the company's various entities, which work in chorus around Norman, were spread among four different office buildings.

They built a new place two years ago on Flood Avenue for Precision Builders, ARIA's general contracting company. The building included an office, a warehouse and a yard for heavy equipment. However, all the rest of the entities will be under one roof in ARIA Plaza, Sassan Moghadam said.

"We wanted a 'headquarters' where we could all work together with our different services we provide that complement each other."

With the new ARIA Plaza, clients will get just that, onestop shopping for all commercial and residential construction services.

Sassan, the founder of this family of businesses, is a Persian-born immigrant who came to the United States to study mechanical engineering at the University of Oklahoma in the late '70s. Sassan's career began while at OU when he founded Sooner Homes. He had success as a young

homebuilder and in 1984 he founded Precision Builders, a general contracting firm still thriving today.

Sassan later partnered with Joey Wishnuck, an experienced real estate developer, investor and builder. On top of his bachelor's degree from the University of Oklahoma and MBA from the University of Central Oklahoma, Wishnuck earned a law degree from the Oklahoma City University School of Law. That experience in legal and finance helps clients when situations arise with banks, mortgage companies and insurance providers.

The name ARIA was selected when Wishnuck joined the group and noticed the many different partnerships and entities.

"He basically came up with the idea of having a brand that represents all of these entities and asked me for a name that would relate to my background and pay homage to my native country," Sassan said.

Their hands-on development and construction experience along with a diverse combination of engineering and design skills is a unique offering to clients.

"We often say that we are, 'All things sticks and bricks,'"
Wishnuck said. "If someone is ready to build a new home, we have a solution. If someone is building or expanding



their commercial business, we have a solution. If someone is building a convenience store or restaurant, we have a solution. If a hospital group needs to expand or renovate, we have a solution. We can also help you buy a house, sell your house or manage your investment properties. We can do a full residential remodel or replace your roof."

Lisa Talley, Sassan's daughter, is the owner and broker of ARIA Real Estate Group and she also graduated from the University of Oklahoma. Her degree in business management led her to open the brokerage in 2004, offering sales and real estate management services for a variety of clients, including homeowner associations.

To learn more about ARIA, call 329-7979. - BSN





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Tee Time in Norman



Local Courses Teach Youth the Game of Golf

s spring returns once again, Normanites of all ages are eager to get outside. Parks and sports complexes are teeming with families enjoying the benefits of community recreation. Extracurricular activities are a great outlet for youth, offering a variety of ways to engage in individual and team skill building. While some might head toward the soccer or baseball field, others are hitting the golf course. Norman has a wealth of local opportunities for kids to take part in the game of golf.

"Golf is like the original Facebook. It helps you network," shared Bobby Taylor, organizer of the junior golf program at Cobblestone Creek Golf Club. "Golf opened up so many avenues for me. It helps (kids) set goals, achieve things, believe in themselves and do well in school."

Here is a look at several junior golf programs in the Norman area.

COBBLESTONE CREEK GOLF CLUB

Taylor is a junior golf coach for two middle schools in the area and he runs the junior golf program at Cobblestone Creek in Norman. For Taylor, the size of the course at Cobblestone is what sets this program apart.

"The big deal about being at Cobblestone Creek is it's a par three golf course, so it's not too long for the children, and they are not in the way of adults and the adults aren't in the way of the kids either," he said. "It makes the kids feel like it's their place."

Cobblestone also offers tee boxes for all skill levels.

Cost is a concern for many families, as with any additional commitment added to the schedule. But Taylor offers six one-hour sessions at \$22 per class. Options can include one-on-one private lessons or clinics with up to 15 kids.

For information about Cobblestone Creek, visit: www.cob-blestonecreekgolfclub.com, and Bobby Taylor's website, OKJuniorGolf.com, is coming soon.

OU JIMMIE AUSTIN GOLF CLUB

The youth golf program at Jimmie Austin offers junior golfers a wealth of specialized guidance. From their camps and clinics that introduce new players to etiquette and the fundamentals to time spent in their indoor hitting bays or with the Foresight golfing simulators, they are ready to help kids at any level of the game.

"We are trying to reach junior golfers where they are," said Johnny Johnson, PGA director of golf and an instructor at Jimmie Austin. "We have so many different options for the community."

The club hosts several camps and after school programs throughout the year and is one of only two in the state to offer PGA Junior Golf camps.

"We try to focus on keeping golfers involved throughout the year; spring, summer, fall and winter," said Johnson. "Camps and clinics are a great way to gauge interest in the game of golf. Our indoor hitting bays and Foresight program help more advanced juniors progress all year."

Jimmie Austin also hosts a PGA junior league and Ping Jr. Inter-club matches. For more information, visit www. theougolfclub.com or www.pgajuniorgolfcamps.com.

WESTWOOD GOLF COURSE

Budding golfers will feel right at home at Westwood Golf Course. In the spring, summer and fall, the course hosts a junior academy to help kids learn to swing, chip, putt and more. As kids learn the basic of the game, they are also learning important life skills.

"The academy teaches nine core values like honesty and sportsmanship that apply in the game of golf and to everyday life situations," said Rick Parish, Head PGA golf professional with Westwood. "And, in turn, they are also finding a buddy to play golf with."

The program ends with some friendly competition in the form of an academy tournament and a pizza party, complete with awards.

If your child is completely new to the game, Parish suggests giving one of their free clinics a try.

"We offer a free two-day clinic in June," Parish invited. "It's a great way to gauge interest before making any financial investment."

Cost can be prohibitive when it comes to extra-curricular activities, but at Westwood, they can help with that.

"If a family can't afford clubs, we do our best to make them available. If they are in need, we want to make the game available," said Parish. "We have extras on hand that kids can use during clinics and academies. We have junior golf

clubs available to rent at any time and we have loaners to use at the driving range for free."

For more information on the course and clinics, visit west-woodparkgolf.com. Visit www.thefirstteemetokc.org for all the details about their First Tee academy.

THE TRAILS GOLF CLUB

Junior golf at the Trails offers kids a fun way to learn the game and make memories that last a lifetime, said Alan Hager, head PGA professional at the club.

"Being introduced to a great game you can play a lifetime can really open doors," Hager said.

The Trails helps kids develop their game through clinics, academies and a PGA junior golf league. The formal program takes place in the summer, but the Trails takes part in spring and fall leagues with other area courses.

"We wanted kids to have the opportunity to play basically year round," Hager said. "It is fun and can be as competitive as players want to make it."

League play lets kids work toward PGA junior golf All Star honors with the chance to compete in the national finals.

"Our western Oklahoma team last year was just two matches from going to the finals," Hager said. "We love seeing our kids compete and have fun."

For more information on junior golf at the Trails, visit www. trailsgolf.com or call the club's pro shop at 364-3790. **BSM**





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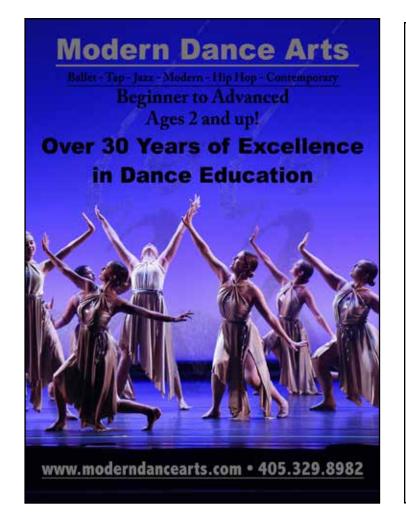


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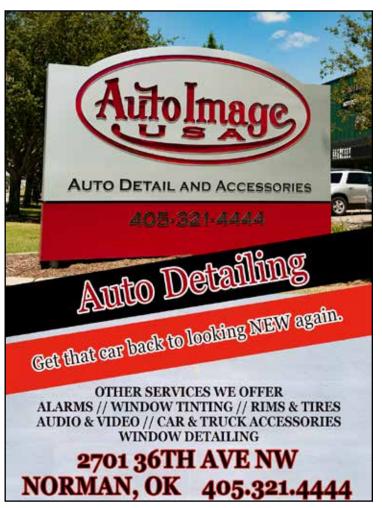
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Victory Family School



Church Establishes School, Secular Curriculum and Biblical World View

nside Victory Family Church is a Christian-based school where everyone feels welcome, and most mornings, are greeted at the driveway by a smiling classmate.

While the curriculum is infused with Biblical teachings, the school teaches a secular-based curriculum, said Susan Kimmel, the school's head director.

Students follow a rigorous curriculum of reading and language arts, science, math, geography, history, music and physical education. They also study Latin, beginning in kindergarten, Kimmel said.

"Our Bible curriculum begins in pre-K. We want our kids to be able to stand in their faith when the time comes," she said.

The idea for a school began in 2015, as a casual conversation about education between Kimmel and Adam Starling, the head pastor at Victory Church.

Ultimately, it was established to embrace the culture of the church and to be committed to spiritual growth and academic excellence while incorporating a Biblical worldview.

Victory Family School shares classroom space with Victory Family Church at 4343 N Flood Ave.

Although there are several schools already in the Norman area, Kimmel and Starling felt that starting this school

would help satisfy a niche that had not yet been fulfilled.

Every school has its own culture, Kimmel says. There are many excellent schools in Norman and surrounding areas, but Victory Family School has created a unique culture that can meet the needs of many families in the community.

The format of Victory is a bit different from other schools in the Norman area. Each day begins with a worship-based assembly, chapel on Wednesdays and enrichment and parent-student celebrations on Fridays. Students have various responsibilities, such as serving as student greeter at the beginning of the day, or helping clean the cafeteria. Classes are capped at 15 students, and many of the grades are combined.

Kimmel says her faculty and staff is motivated, creative and highly qualified, offering a unique blend of research-based academic philosophies.

Under the program, students will not be assigned homework until sixth grade, and they spend time outdoors daily to encourage play-based learning.

Current research suggests that screen and technology time for young children should be limited, Kimmel said.

Young students should learn to think critically, develop positive social relationships with others, resolve conflicts and take part in hands-on learning activities before transitioning to screen time, she said. Since the school's opening this past August, it has grown to more than 60 students, and is still growing. So far, the school consists of grades pre-K through fifth, but Kimmel hopes to add a new grade every year. In 2018-19, they plan to add a sixth-grade class.

"We began the enrollment process for 2018-19 about four weeks ago and have close to 30 applicants with many more calling and in the process of touring the school," Kimmel says.

Victory Family School currently employs eight teachers, who each have more than five years of experience and are all trained in science and math.

"Our teachers are committed followers of Christ and are all highly qualified," Kimmel said. "Their starting salary is more than most schools and districts in Oklahoma. We believe it's important for our teachers to feel valued – paying them a fair wage is one of those ways."

Kimmel is looking to hire at least three new teachers for the 2018-19 school year.

Victory Family Church was started by Starling and his wife, Kristy, as a vision for Norman residents to come together as a family, focus on Jesus and give back to the community.

The church is five years old and has been in its current location for three years. In that time, it has grown from 200 members to more than 3,500, making it one of the fastest growing churches in the United States, according to Starling.

In the short five years the church has been part of the Norman community, it has made a major impact through its many giving back efforts.

"We have given thousands of backpacks to kids in our





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community and tens of thousands of toys at our Christmas toy drive," Starling said. "We just bought an SUV for a family that adopted three kids. We have a ministry that does church in the park for the homeless in our community. We also have a van that picks them up on Sundays."

Starling is looking forward to the church's upcoming Serve Day on April 21. On Serve Day, church members will be volunteering at several community facilities as well as hosting a barbecue for first responders in the community.

Worship at Victory Church is held every Sunday at 8:30 a.m., 10 a.m., 11:30 a.m. and 1 p.m. For more about the church, visit www.victoryfamily. church.

To learn more about Victory Family School, enrollment and admissions, or to apply for a teaching position, visit www.victoryfamily.school or call 310-2719. - BSM



hoto by: Emilia Hart



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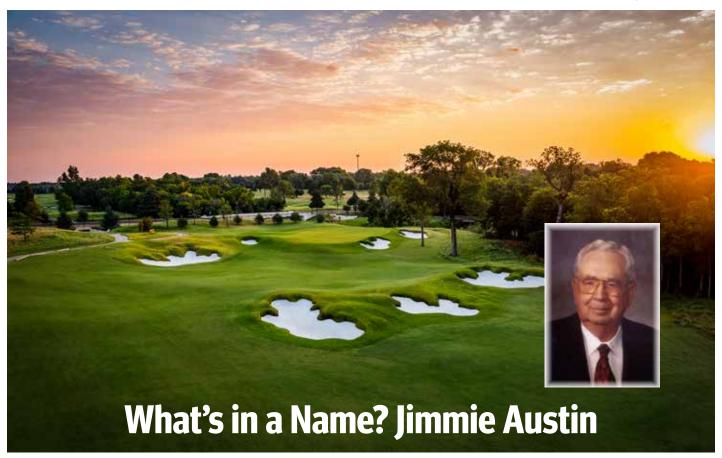




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HISTORY **BY: JEFF PROVINE**



ith rolling fairways and carefully manicured greens, the Jimmie Austin OU Golf Club is one of the premier golfing facilities in Oklahoma.

It has hosted numerous tournaments, including the U.S. Amateur Public Links Championship in 2009 and the 2013 U.S. Women's Amateur Public Links Championship. It also is a venue for the NCAA regional championships in both men's and women's golf. This level of excellence does not just happen; it requires years of dedication from a number of sources that may be a little surprising.

The University of Oklahoma and the sport of golf have a long history together, dating back to Bennie Owen's ninehole course at the Duck Pond before World War II. Plans there were disrupted when the war effort came into full action, and Norman became a Navy town thanks to a training airfield that became the Norman Naval Air Station. While planes flew at "North Base," the area southeast of OU's campus became known as "South Base." It was more formally known as the Navy Air Technical Training Center, and served as a support annex with barracks, a hospital, classrooms and recreational facilities.

After World War II ended, peacetime thoughts turned to growth at home and new developments. OU President George Lynn Cross worked with the Navy to expand South Base to help meet the university's needs, and in 1949, he announced plans to use a portion of South Base for construction of a new golf course.

Its designer was Oklahoma native and golf course architect Perry Maxwell, known for creating golf courses throughout the Great Plains and Midwest, even during the Great Depression and the Dust Bowl. The OU course was completed in less than two years, opening in 1951, just one year before Maxwell's death.

Looking forward 45 years, the course was showing its age. Built during an era of lean rain, the course had little irrigation, and cracks were forming from erosion. According to Rodney Young, today's general manager and director of Club Operations, the course was long overdue for improvements in the 1990s.

It was shortly after David L. Boren arrived on campus, Young said, when the new OU president began building up the university, and that included the golf course.

Improvements can be costly, especially in the duteous crafting of a championship-level golf course. Fortunately, Boren knew just the individual to approach for a lead gift to get the ball rolling: Oklahoma oilman Jimmie Austin.

Jimmie Austin was born in 1917 in Seminole County, and at 12-years-old, he was already at work in the oilfields, driving a mule team, hauling equipment. After high school, he dedicated his career to the oilfields, eventually forming his own company and buying his own drilling rig when he was 34. It was the first of many as his business grew over 31 years, drilling an estimated 1,400 wells. In 1990, at age 73, he sold his rigs and oilfield equipment to settle into work with investments and cattle.

His sons, Paul, and, Jimbeen playing golf since high school, and eventually got their dad into the said Mark Austin, Jimmie Aus-

Mark Austin said it was later in life, but once he started playing, he took to it with a passion, and he enjoyed the friendships that formed around the game.

Grandson Guy Austin said that having a whole afternoon with another person proved to be an excellent way to learn about someone. "A business meeting might just be a few minutes, but four hours on the golf course teaches you a lot about the person you're playing with."

President Boren, also from Seminole, reached out to Jimmie Austin about improving the campus course. Jimmie Austin had contributed to the Seminole city golf course, expanding it from nine to 18 holes in 1975.

The match was a good fit since, as Mark Austin described it, his grandfather was "a big supporter and lover of the University of Oklahoma." Guy Austin noted that it was a continuation of his grandfather's dedication to helping athletics grow as he had always contributed to fundraisers and donated for uniforms.

General Manager Young said Jimmie Austin was proud to make the lead gift for improvements to the course.

"He wanted to be part of something big, and it was. They raised, I believe, \$67 million, altogether."

Renovations to the course began in 1996 under the direction of famed golf course architect Bob Cupp. Cupp delicately balanced the history of Maxwell's design from five decades before, while updating the features for improved play and logistics. Soon, golf at OU was grander than ever.

"It's here for the university golf teams and the community," said Young, a certified PGA professional. "We work to keep our green fees reasonable to everyone, and we open our golf academy to the public."

Jimmie Austin passed away in 2007, but his namesake golf club continues to grow. A new master plan started a fresh round of renovations in 2012 with improved tees, a turf care facility and the Heatly House, an on-course restaurant for golfers to have a snack break or for diners to enjoy the view while they eat. Those were only the beginning.

"In the last four years, we've improved bunkers and added greens, moved six holes, redid the driving range and expanded the Everest Pavilion for weddings and events," Young said. "We've been busy!"

With the name of a lifetime worker, like Jimmie Austin, it seems only fitting to keep the golf course ever on the move toward bigger and better things. Yet, having eyes for the future does not mean the present is lost. Young said.

"We're always ready to have some fun and take care of our players." – **BSM**



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